

Who Will We Serve?

Brave Heart Volunteers (BHV) seek to serve those who could benefit from friendly visiting, simple home help, family respite time, and end-of life support. There are no fees for services nor income restrictions. We are happy to serve people of every of race, color, lifestyle and creed.

Who Volunteers?

Our volunteers are diverse, and are affiliated with civic groups, service groups, health and human services organizations, and are community members at-large who wish to lend a helping hand to others. Volunteers range in age from 21 years old to 90 years old! Volunteers are often persons who have a sense that they would like to “give back” to others, after receiving something positive from others in their lives.

There is a range of ways to volunteer for Brave Heart Volunteers. Aside from personal home visiting, volunteer opportunities also include: office help, telephone support, networking, board member, fundraising, and grant writing. All volunteers are screened, plus receive valuable training and support.

Who Requests Services?

- Concerned families, friends or neighbors
- Faith group or congregation members
- Physicians, nurses, health and social service agencies and organizations
- Your self - an individual community member who could benefit

Volunteer Offered Services

- Visiting and conversation
- Compassionate presence
- Activities like reading, cards or games
- Simple meal preparation
- Assistance with shopping or errands
- Telephone support
- Simple home maintenance
- Respite for family members

Community Program Services

- Family Caregiver Support Group
- Grief Support Group
- Volunteer Trainings
- Compassionate Care Hospice Training

Working Together

One of the unique aspects of BHV is our collective belief in the power of working together for a common purpose. The spirit of love and compassion, and the shared goal of helping our neighbors, strengthens and benefits the whole community.


Our Tlingit name, *Yee gu.aa yáx x'wán* means “be brave,” and reflects the strong connection we feel with our care-receivers as their health changes and they face some of life’s the most difficult challenges.

History and Funding

Brave Heart Volunteers (BHV) was started informally in January of 2001 by two nurses working together with a common vision. Others echoed the need for home visiting, respite support, and end-of-life volunteer care in Sitka. Funding was received from local organizations like the White Elephant and national groups like The Robert Wood Johnson Foundation.

Trained volunteers began home visiting and respite support activities started in February of 2003. ***All services are offered free of charge.*** BHV continues through regular donations from local supporters like you.

Donations, memorials and grants fund the program. The State of Alaska houses the Brave Heart Volunteers offices and the resource library and “Remembrance Room” in the historic Manager’s House, on the beautiful grounds of the Pioneers’ & Veterans’ Home.



Help sustain this program by making a much needed donation!

Call the Brave Heart Volunteers office at 747-4600.

Make a Difference in Someone’s Life

Brave Heart Volunteers receives support in the form of donations, pledges, grants, and bequeaths from many caring individuals as well as many local organizations including:



*AK Native Brotherhood, AK Native Sisterhood Camp #4,
Alaska Pioneers' and Veterans Home, Beta Sigma Phi
Catholic Church Women, Center for Community
Christian Science Center, Delta Kappa Gamma
City and Bourough of Sitka
Coast Guard Spouses & Women's Association
First Presbyterian Church, Hospice of Haines,
Hospice of Juneau, Ketchikan Hospice Support
Moore Clinic, Neurobehavioral Consultants
Lighthouse Fellowship, Orthodox Church of America,
Pioneers of Alaska Auxiliary #12
Pioneers of Alaska Igloo #22, Rainey Day Dollmakers
Rasmuson Foundation, Seventh Day Adventist Church,
Sitka Community Hospita and Employees Assoc.,
Sitka Cancer Survivor's,
Sitka Citizen Police Academy Alumni Association
Sitka Emblem Club No.142, Sitka Jewish Community
Sitka Lutheran Women and Church, Sitka Methodist Church,
Sitka Moose Lodge 1350, Sitka Public Health Center,
Sitka Tribe of Alaska, Sitka Unitarian Universalist Fellowship,
Sitka Women's Club , Sitka's Ministerial Association
Soroptimist International of Sitka, Southeast Senior Services
SouthEast Alaska Regional Health Consortium
Spiritual Assembly of the Baha'is of Sitka
St. Peter's by the Sea Episcopal Women and Church
The White Elephant Shop, Trinity Baptist Church
United Way of Southeast AK, Zen Buddhists of Sitka*

Plus *Air Sitka, Alaska Pacific Bank
Cadmus Professional, Deppa's Locksmith Service
First Bank, First National Bank, Fisherman's Eye Gallery
H&R Block, Horan & Co., Housekeeping Solutions
Ludvig's Bistro, KCAW Radio, KIFW Radio
Old Harbor Books, Sitka Sentinel
Sitka Rose Gallery, Venneberg Insurance*



**OUR MISSION IS TO PROVIDE
COMPASSIONATE HOME-BASED,
COMMUNITY-WIDE,
VOLUNTEER CARE, VISITING,
& RESPITE SUPPORT TO
INDIVIDUALS AND
FAMILIES IN NEED.**

Brave Heart Volunteers is a non-profit community organization which began in 2001 as a response to the need to “fill health care gaps,” and provide assistance with chronic illness and end-of-life care at home.

Volunteer home visiting, family caregiver respite, and compassionate care services are provided for frail elders, those homebound, isolated, disabled, critically ill, suffering from dementia, and those terminally ill.

Other program services include training, orientation, and coordination of all volunteers, comprehensive end-of-life training and education for hospice volunteers, family caregiver information and support groups, grief and bereavement support groups and a drop-in library and resource room.

To receive assistance, make a donation, or volunteer your time and talent contact:

Auriella Hughes RN, Director
Email: auriella.sfia@alaska.net
Brave Heart Volunteers
P.O. Box 6336 Sitka, Alaska 99835
(907) 747-4600
Web site: www.ptialaska.net/~sfia



Brave Heart
Volunteers

Compassionate

Caregiving,

Respite & Education

Services