

## Elective Courses:

Students may choose from the options below to complete 5 credits (a total of 17 credit hours completes the Occupational Endorsement)

HUMS V107	Introduction to Dementia	3
HUMS V108	Introduction to Geriatrics	3

HUMS 120	Instructional Techniques	2
HUMS 182	Community Services for People with Disabilities	3
HUMS 252	Employment Support Services	2

HUMS 135	Introduction to Mental Illness	2
HUMS 235	Recovery & Rehabilitation in Mental Illness	2
DLS 194 or DLS 294	Selected Topics in Disability and Long-term Support	1-4

Additional courses will be added throughout the program.

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The Long Term Care Apprenticeship Program is an EO/AA and services are available upon request to individuals with disabilities.

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## Direct Support Specialist

## OCCUPATIONAL ENDORSMENT

### ■ Course List ■



High Growth Job Training  
Long-Term Care  
Apprenticeship Program



Trust Training Cooperative  
2009

## Required courses include:

### **HUMS 109**

#### **Intro to Long-term Care and Community-based Supports and Services (2 credits)**

Provides students with an overview of the home- & community-based services, facilities, & residential treatment programs for persons with disabilities.

### **HUMS 202**

#### **Prevention of Abuse & Neglect of Vulnerable Adults (1 credit)**

Provide a focused overview of the risk factors, legal statutory responsibilities, reporting requirements & ethical considerations concerning the protection of vulnerable adults for those in direct service professional careers.

### **HUMS 110**

#### **Teaching Activities of Daily Living & Social Skills (2 credits)**

Provides students with various types of supportive services & techniques to increase and/or maintain ADLs & social skills as identified by case/treatment plans for individuals.

### **HUMS 231**

#### **Managing Behaviors (3 credits)**

Provides an overview of behavioral techniques for managing problematic behaviors for direct care providers who work with populations requiring specialized interventions

*This course is a prerequisite for HUMS 253 Positive Behavioral Supports.*

### **HUMS 253**

#### **Foundations of Positive Behavior Supports (2 credits)**

Applies the principles found in applied behavior analysis to the developing of non-aversive interventions for challenging and problematic behaviors. Prerequisite: HUMS 231 or Instructor permission.

### **HUMS 260**

#### **Ethical & Legal Issues in Disability Services (2 credits)**

Provides a broad overview & introduction of legal & ethical practice for students who currently or plan to work with persons with disabilities.

## The content for

### **“Intro to Long-term Care and Community-based Supports” course includes:**

#### ■ **Advocacy & Empowerment**

1. Identification of support agencies & service providers
2. Roles & responsibilities
3. Laws, rules & regulations
4. Code of Ethics/Values
5. Understanding client “choice”

#### ■ **Communication**

1. Active listening skills
2. Conflict resolution strategies
3. “People First” language
4. Giving & receiving feedback
5. Verbal, nonverbal communication
6. Terminology for service fields

#### ■ **Diversity**

1. Diversity in populations being served
2. Cultural competence

#### ■ **Community and Networking**

1. Inclusive communities: purpose & philosophy
2. Building resources

#### ■ **Facilitation of Services**

1. Person-centered planning/philosophy
2. Types of services provided
3. Support/Treatment team meetings & activities
4. Develop goals & measurable outcomes