

*University of Alaska*  
***AKGEC and Gerontology Program Activities and Accomplishments Report***  
***Final Report FY'05***  
***June 30, 2005***

The following bullet points highlight accomplishments and activities that have occurred from July 1, 2004-June 30, 2005 related to the University of Alaska's efforts to address the training needs of professionals, paraprofessionals and community members in the field of aging and elder services.

**Training Activities sponsored or co-sponsored by the AKGEC/UAA Gerontology Program includes the following:**

- Dementia and Aging: The Hope of Brain Science-co sponsored Southcentral GEC, Alzheimer's Disease Resource Agency of Alaska and the UAA Campus Bookstore, (June 17, 2004).
- 3<sup>rd</sup> Annual UAA Summer Institute in Gerontology-Southcentral GEC co sponsored a two-day workshop with the Northwest Geriatric Education Center during the 3<sup>rd</sup> Annual Summer Institute in Gerontology (July 22 & 23, 2004) entitled "Keeping Elders Healthy".
- AKGEC consortium partners, Southeast GEC - Sitka, Northern Region GEC - Fairbanks, and Southcentral GEC - Anchorage (Sept 16, 2004), hosted a Video Conference Workshop on Ethnogeriatrics Multicultural Resources: Models for Curriculum Integration with guest speaker Dr. Melen McBride. Additional sponsors include Stanford Geriatric Education Center, Center for Education in Family and Community Medicine, School of Medicine, Stanford University, and UAS Sitka.
- 12<sup>th</sup> Annual Care of the Elderly Conference Sitka (Sept. 16 & 17, 2004) was co sponsored by the Center for Community, Southeast GEC, Alaska Commission on Aging (ACoA), Division of Geriatric Medicine, USC, Keck School of Medicine, Ethel Percy Andrus Gerontology Center, USC and Community Education and Professional Development, and UAS-Sitka.\*
- Traditional Health Practices and Holistic Elder Care with Linwood Tall Bull, Traditional Healer and Director, Elder Program and Shoulder Blade Residential Living Facility, Northern Cheyenne Tribe Lama Deer, Montana, (Sept 22, 2004). Southcentral GEC co sponsored with the National Resource Center for American Indians, Alaska Native and Native Hawaiian Elders (NRC), UAA Alaska Natives into Psychology (ANPSYCH), Anchorage Rural Human Service Program, and UAA Recruitment and Retention of Alaska Natives into Nursing (RRANN).
- Traditional Health Practices and Holistic Elder Care with Linwood Tall Bull, (Sept. 24, 2004). Northern Region GEC, co sponsored with UAF Social Work Dept., Tanana Valley Clinic, and the Alzheimer's Resource Agency of Alaska.

- Stories from the Front Lines-Overcoming Frost in an Edenizing Organization, (Oct. 11, 2004) co sponsored by Southcentral GEC, and Providence Continuing Care Services.
- 18<sup>th</sup> Annual NASW Alaska Chapter Conferences “Living Healthy Commitments: Enriching Social Work Practice in the Midst of Multiple Challenges”, (Oct. 11, 2004). Southcentral GEC co sponsored with AMHTH, State of Alaska Office of FAS, Cook Inlet Tribal Council, NASW, Identity Inc., Gay and Lesbian Community Center of Anchorage, State of Alaska Division of Behavioral Health, and Kids Behavioral Health.\*
- Modifying the Environment to Accommodate Normal and Pathological Age Related Changes in Vision & Hearing, (Nov. 16, 2004). Alaska Center for the Blind and Visually Impaired. Sponsored by the Southcentral GEC.
- Alzheimer’s Disease and Related Dementia, (Nov. 18, 2004) in Bethel. Northern Region GEC co sponsored with UAF Social Work Dept., Yukon Kuskokwim Health Corp., and Kuskokwim Continuing Ed. Dept.
- Alzheimer’s Disease and Related Dementia, (Nov. 19, 2004) in Fairbanks. Northern Region GEC co sponsored with UAF Social Work Dept., Fairbanks Memorial Hospital, Denali Center, and Alzheimer’s Resource Agency of Alaska.
- Alaska Public Health Summit, (Nov. 29-Dec. 2, 2004). Southcentral GEC co sponsored with Alaska Public Health Association, ACoA and Lance Armstrong Foundation Livestrong.
- Building Client’s Capacity for Self Care and Social Approaches to Diabetes, (Dec 3, 2004) Northern Region GEC co sponsored with UAF Social Work Dept., Fairbanks Memorial Hospital, Denali Center, and Alzheimer’s Resource Agency of Alaska.
- Alzheimer’s Disease and Related Disorders with a presentation by Samantha Abernathy (Feb. 10, 2005) Northern Region GEC co-sponsored with UAF Social Work Department, Fairbanks Memorial Hospital, and Kotzebue Senior Center in Kotzebue, AK.
- The Annual Alzheimer’s Disease and Related Disorders certificate program (Feb. 28-April 10, 2005), entitled “Improving Care through Knowledge and Skill,” presented by Southeast GEC with co-sponsors UAS and Alaska Mental Health Trust Authority. This program is a distance delivered program culminating with a three day seminar in Sitka.
- Alzheimer’s Disease and Related Disorders Conference (April 18, 19 & 21, 2005), a training conference for in-home and community-based caregivers working with the ADRD elderly presented by Southeast GEC with co-sponsors The Alaska

Commission on Aging/Mental Health Trust Authority was presented in Sitka, Juneau, and Ketchikan.

- Several Tracks were offered at the Annual Full Lives Conference co-sponsored by Southcentral GEC and Center for Human Development (April 21-22, 2005).
- Health and Wellness Strategies for Alaska Elders (April 23, 2005) presented by Northern Region GEC co-sponsored by UAF Social Work Department, Fairbanks Memorial Hospital, and Denali Center.
- Certified Eden Alternative Training with a Train the Trainer component was presented by the Southcentral GEC with co-sponsors Qualis Health, Providence Continuing Care Service, and Anchorage Pioneers' Home (April 25-28, 2005).
- Alcohol and Abuse in Late Life was presented as a track at the 31<sup>st</sup> Annual School on Addictions with co-sponsors Southcentral GEC, Alaska Division of Behavioral Health, Alaska Mental Health Trust Authority, Alaska Native Tribal Health Consortium, Cook Inlet Tribal Council, Bartlett Regional Hospital, Lakeside Milam Recovery Centers, Center for Drug Problems, Association for Addiction Professions, NAADAC, Norton Sound Regional Hospital, and RnCom (May 2, 2005).
- Staying in Touch: Engaging People with Dementia (May 4-5, 2005) co-sponsored by the Northern GEC, Fairbanks Memorial Hospital, Denali Center, Fairbanks Native Association, Fairbanks Pioneers' Home, and Alzheimer's Resource Agency of Alaska.
- Building Seniors' Capacity for Self-Care w/David Spero co-sponsored by the Southcentral GEC and Anchorage Pioneers' Home (May 6, 2005).
- Alaska Quality Improvement Conference (May 23, 2005), entitled, "Performance Improvement Strategies," presented by Southcentral GEC and Qualis Health offered a one day training at the BP Energy Center focusing on the need for and how to implement performance improvement strategies to improve health care quality in a facility setting.
- Aging Brain with Ron Lucchino, PhD co-sponsored by the Southcentral GEC, Frontier Community Services, and United Way at the Kenai River Center in Soldotna (June 6, 2005).
- Aging and the Brain with Ron Lucchino, PhD presented at the Anchorage UAA Consortium Library (Room 307) by the AKGEC and UAA Campus Bookstore on June 7, 2005. Topics included what changes we can expect as we get older and what can we do. Funding for this event was provided by the US Department of Health & Human Services, Health Resources & Service Administration, Bureau of Health Professions Grant #HP 80021A0.

- Summer Institute on Aging Annual Conference: Promoting Best Practices in Elder Health 2005 presented by Southcentral GEC with co-sponsors Qualis Health, Alaska Commission on Aging, Alaska Mental Health Trust Authority, and National Resource Center for American Indians, Alaska Natives and Hawaiian Elders.

\*Note-Thanks to funding provided by the Alaska Commission on Aging (ACoA), the AKGEC has been able to train over 400 professionals and paraprofessionals through the following conferences/workshops, UAA's 2-day Summer Institute on Aging (July 22-23, 2004). Care of the Elderly Conference in Sitka (Sept. 18-19, 2004), the Alaska Chapter NASW Conference (Oct 10-12, 2004), the Alaska Public Health Summit-Elders Track (Nov. 29-Dec 2, 2004), Fairbanks Seminar (December 3, 2004). This funding has also supported speakers at several 2005 conferences including, Full Lives Conference at the Sheraton Hotel (April, 21-22, 2005), Health & Wellness Strategies for Alaska Elders-Fairbanks (April 23, 2005) and the UAA 2-day Summer Institute (June 9-10, 2005).

The Alaska Geriatric Education Center (AKGEC) received funding from the Alaska Commission on Aging, and the Division of Senior and Disabilities Services through the Alaska Mental Health Trust Authority to provide travel scholarships for airfare, hotel, or workshop/conference registration fees for these events.

### **Faculty Development**

- WWAMI Development Medicine II (1<sup>st</sup> Year Medical Students)-UAA, Sept. 10, 2004.  
Guest Lecture on Adult Development and Aging (Rosellen Rosich).
- Psychopathology 622 (Clinical Psychology Students-MA), Nov. 10, 2004-UAA (Rosellen Rosich)
- Social Work 105 Introduction to Social Work-UAF, Nov. 22, 04 (Denise Daniello)
- Upcoming: Second Symposium on the Engaged University hosted by UAA Center for Community Engagement and Learning August 16-18, 2005. Southcentral GEC will sponsor Debra David's presentation "Developing Cultural Competency through Service-Learning with Older Adults."
- Betty Buchan, PhD is the Faculty Mini-grant recipient for 2005. The focus of her research is medication issues in older adults.

### **Other Activities (Informational and Presentations Open to the Public)**

- Aging Adults in Alaska, Legislative Hearing hosted by Representative Sharon Cissna, Oct. 29, 2004 (research and resources compiled with assistance of Gerontology Program and AKGEC).
- UA/UAA Celebrating Students, Partnerships, and Programs in Aging, Nov. 1, 2004. Sponsored by the Gerontology Program, AGKEC and CHHW.
- UAA The Next 50 Years-Aging in the Last Frontier Feb 4, 2004. Panel Discussion moderated by Rosellen Rosich.
- Careers in Aging and National Public Health Week, April 4-15, 2005

- White House Conference on Aging at the Full Lives Conference (April 21, 2005) and White House Conference on Aging Public Forum in Fairbanks (June 3, 2005)
- Aging and the Brain with Ron Lucchino, PhD co-sponsored by the Southcentral GEC, UAA, and the UAA Campus Bookstore held at the UAA Consortium Library (June 7, 2005).