

**Email or Fax registration to:**

AKGEC

Marilyn durocher, Training Coordinator

marilyn.durocher@uas.alaska.edu

Fax: 907-747-7743

## REGISTRATION FORM

Name: \_\_\_\_\_

Credentials/Degree:

\_\_\_\_\_

Position:

\_\_\_\_\_

Organization:

\_\_\_\_\_

Mailing Address:

\_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Work Phone: \_\_\_\_\_

Work Fax: \_\_\_\_\_

Email: *(please print legibly)*

\_\_\_\_\_

I am registering for the entire series

I am registering for the following dates only:

January 5       January 12       January 19

January 26       February 2       February 9

February 16       February 23       March 2

March 9

*Sites to be determined based  
upon registration*

**For further information please contact:**

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907-747-7728 • Toll free: 800-478-6653



## Geriatric Health Promotion for Health Care Providers

### ***2010 Telehealth Series***

***– Live Videoconference –***

### **January-March, 2010**

Presented by the Alaska  
Geriatric Education Center  
(AKGEC)

Cablecast via the  
Interactive Media Group  
University of Washington  
Telehealth Services Network

*Sponsored by:*

- University of Washington:
- NW Geriatric Education Center  
School of Nursing
- University of Wyoming College  
of Health Sciences, School of  
Pharmacy
- Continuing Nursing Education
- de Tornyay Center for Healthy  
Aging
- Interactive Media Group

### About the Series:

The Alaska Geriatric Education Center (AKGEC) is partnering with the NorthWest Geriatric Education Center (NWGEC), School of Nursing, and Telehealth Services to bring a series of continuing education programs on geriatric health to healthcare professionals.

Nationally and regionally recognized NWGEC faculty will present each topic and facilitate discussion. The series will assist providers in developing and enhancing health promotion interventions to prevent disease and postpone further disability for the older adults they serve. This series will give community-based providers working in the field of aging the opportunity to access valuable information without having to travel a great distance!

This series will be **broadcast weekly on Tuesdays from 3:00-4:30 pm, via videoconferencing** to several Alaska sites from January 5 to March 9, 2010 (Alaska sites are being identified). *Sign up today!*

### Series Objectives:

After completing this course, you will be better able to:

- Discuss nutrition and provide advice on prevention of osteoporotic fractures.
- Discuss the epidemiology and pathology in Parkinson's disease and discuss treatment options.
- Describe the pathophysiology, clinical presentations and interventions for treating BPH.
- Name at least two adverse effects of caregiving on health of caregiver and identify at least two coping strategies.
- Discuss ADLS, physical performance, and risk factors for functional decline in older adults.
- List major pharmacokinetic changes that impact medication selection and dosing; suggest 3 strategies to minimize drug-related problems in older adults.
- Describe underlying medical mistrust issues in hospice care for African Americans and the barriers to effective communication.
- Discuss the important of addressing sexuality and identify barriers in evaluating sexuality in older adults.
- Discuss appropriate terminology in communicating and describe variety of health concerns affecting the LGBT community.
- Discuss nature, scope, type and risk factors of elder mistreatment.

## All seminars will be held on Tuesdays, 3:00-4:30 PM

- January 5** Osteoporosis  
Susan Ott, MD, Associate Professor  
Dept of Medicine, Div. of  
Metabolism
- January 12** Parkinson's Disease  
Ali Samii, MD Associate Professor  
Dept. of Medicine, Division of  
Neurology
- January 19** Benign Prostatic Hyperplasia  
May Reed, MD, Associate Professor,  
Gerontology and Geriatrics
- January 26** Caring for the Caregiver  
David Gruenewald, MD, Associate  
Professor, Gerontology and Geriatrics
- February 2** Functional Assessment  
Barbara Cochrane, PhD, Associate  
Professor, and Director, de Tornay  
Center for Healthy Aging
- February 9** Optimizing Medication Use in  
Older Adults  
Peggy Soule Odegard, PharmD  
Associate Professor, Pharmacy
- February 16** African-American Elders at End of  
Life  
Jacci Thompson-Dodd, MA,  
Founder & Chief Executive, We  
Speak Loudly
- February 23** Aging and Sexuality  
Thuan D. Ong, MD, Fellow, Acting  
Instructor, Gerontology and Geriatrics
- March 2** Health Issues in Lesbian, Gay, &  
Transgender Community  
Heidi Petry, PhD, RN, Assistant  
Professor, UW Bothell, Nursing
- March 9** Elder Mistreatment  
Maggie Baker, PhD, Assistant  
Professor, Bio-behavioral Nursing &  
Health Systems, UW

### Target Audience:

The series is designed for healthcare providers including physicians, nurses, physician assistants, nurse practitioners, physical and occupational therapists, psychologists, social workers, pharmacists, and other interested professionals.

### Location:

All programs will originate from the University of Washington and will be broadcast over the University of Washington Telehealth Network to selected videoconferencing sites in Washington, Wyoming, and Alaska. Access is limited;

### For Alaska location information please contact:

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### Registration Fees & Deadlines:

This series is being offered at no cost. *All participants must register.* You may register for individual programs or the entire series.

All attendees will be provided with a certificate of attendance at the end of the series.

### Professional Credit:

**Physicians:** CME credits applied for.

**Nurses:** Up to 15 contact hours (1.5 per session) will be awarded.

The University of Washington School of nursing is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

The University of Washington School of Nursing is approved as a Washington state clock hour provider by the Washington State Board of Education.

Provider approved by the California board of Registered Nursing, Provider #07128, for 15.0 contact hours.

**Social Workers, Counselors, Psychologists and All Other Disciplines:** A certificate for up to 15.0 clock hours will be awarded for documenting completion of this offering.

**The University of Washington School of Nursing requires a \$35 processing fee for a contact hour certificate. The fee covers the entire series.**

### Information and Special Accommodations:

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