



## AARP Offers “Wise Up on Meds” Program in a Box

It's no secret that older citizens take more medicines and experience the most significant problems from improper use. People over the age 60 account for over 40% of hospitalizations and more than half of all deaths from adverse drug reactions. Regular conversations with health care professionals are an effective way to foster better medication use, reduce adverse reactions, and lower costs.

AARP has been working for several years on educating the community on the wise use of medications. Now AARP is sharing **Wise Up on Meds**—a free kit filled with all the tools you need to run a simple, yet effective program for your clients and community members.

The box includes a facilitator's guide and “Your Medicines and You,” an educational and entertaining video starring expert Geriatrician and former AARP Visiting Scholar, Dr. Bill Thomas. The box also includes educational materials and Personal Medication Records in wallet-sized holders to serve 25 participants. It is everything that community partners need to run a simple wise use of medication program.

Use the order form to place your order today.

# Wise Up on Meds

- *Program in a Box* -

## Order Form

Help keep your community healthy! Order Wise Up on Meds and receive a free box filled with all the tools you need to run a simple, yet effective program to help teach others to manage their medications wisely.

**Already sponsored a program?** Keep the topic alive. Order additional Wise Up on Meds boxes and help your clients become better medication managers.

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Date: \_\_\_\_\_

Name: \_\_\_\_\_

Title: \_\_\_\_\_

Organization Name: \_\_\_\_\_

Mailing Address:

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Phone Number: \_\_\_\_\_ Email: \_\_\_\_\_

**REQUEST:** Wise Up on Meds - Program in a Box

1 box (serves 25)       2 boxes (serves 50)       3 boxes (serves 75)

NOTE: ALLOW 2-3 weeks for delivery.

Comments/Feedback

**\* Please email or fax this completed form to Lauren Torrasi at AARP, [ltorrasi@aarp.org](mailto:ltorrasi@aarp.org) or fax (202) 434-6607.**