

*My Health.
My Medicare.*



My Health. My Medicare Preventive Services!

Today is your day!

To take control of your own health!

To change your life!

To rise to new heights!

To live a longer and healthier life!

Take Advantage!

Medicare pays for many preventive services to help keep you healthy

Talk to your doctor today!

Take advantage of Medicare preventive services

- One-time “Welcome to Medicare” physical exam
- Cardiovascular screenings
- Diabetes screenings

Screenings for early detection and treatment of cancer...

- Breast
- Cervical
- Prostate
- Vaginal
- Colorectal

Other preventive services, such as:

- Glaucoma tests
- Bone mass measurements
- Diabetes screening and self-management
- Flu shots
- Pneumococcal shot
- Hepatitis B shots

Start today!

Do it for yourself!
Do it for your loved ones!

For more information call toll-free at 1-800-MEDICARE (1-800-633-4227).
TTY users should call 1-877-486-2048. Or visit www.medicare.gov on the web.